



Arizona Juvenile Justice Commission
Children's Justice Committee
Governor's Office of Youth, Faith and Family
1700 West Washington Street, Suite 230, PHOENIX, ARIZONA 85007

A general meeting of the Arizona Juvenile Justice Commission (AJJC) Children's Justice Committee was convened on September 3, 2019, at the Governor's Office of Youth, Faith and Family, 1700 West Washington Street, Suite 230, Phoenix, Arizona, 85007, notice having been duly given.

Members Present (10)	
Christina Schopen , Co-Chair	Leslie Quinn
Jeff Hood	Jane Kallal
Shefali Gandhi	Nicole Schuren
Shawn Cox	Marcela Morales
Rachel Mitchell	Donald Walker
Staff/Guests Present 5)	Members Absent (3)
Steve Selover , GOYFF	James Molina , Co-Chair
Rebecca Chesley , GOYFF	Cindi Nannetti
Myriah Mhoon , New Life Center	Michelle Bedinghaus
Nicole Valenzuela , GOYFF Intern	
Erin Galloway , GOYFF Intern	

Call to Order

- **Ms. Christina Schopen**, Co-Chair, called the meeting to order at 1:03 p.m. with ten members and five staff and guests present.

Introductions

- **Ms. Schopen**, Co-Chair, asked members and staff to introduce themselves.

Approval of Minutes

- **Ms. Schopen**, Co-Chair, requested a motion to approve the August 20, 2019, meeting minutes.
 - **Dr. Leslie Quinn** motioned to approve the minutes as drafted.
 - **Mr. Jeff Hood** seconded the motion.
- The motion passed with no dissenting votes.

CJ Trauma One-Pager Review

- **Ms. Schopen**, Co-Chair, referenced the handout on trauma that included a matrix of feelings and age ranges to illustrate characteristics of a child or youth who may have been exposed to trauma. The purpose of the table is to describe signs that when presented may indicate toxic stress and encourage the reader to contact a mental health or medical professional for help.
- Committee members shared their thoughts, questions and concerns regarding the table. Several members were apprehensive of some of the terms that may be used by a parent to label or over-

pathologize their child's behaviors since many of the characteristics are common to some degree and do not necessarily indicate the child has experienced trauma.

- To address this, the committee discussed modifying the various terms used in the table to emphasize behaviors that are excessive or abnormal, such as "crying *more than expected*" and "overly anxious".
- The committee was generally in agreement that if parents use the information in the document to get professional help, that this in itself is a beneficial outcome, regardless of whether trauma is the underlying issue.
- **Ms. Jane Kallal** commented that in her role she comes across parents who do not have expertise in describing normal and abnormal behaviors in their children, and this document would provide them with some basic terms parents can use when meeting with their physician or pediatrician.
- **Ms. Nicole Schuren** suggested rather than listing the various potential signs of trauma, it might be easier to list a few basic questions asking the reader if they see particular behaviors in their children. If they answer yes, they would be encouraged to seek help.
- Several members thought this idea would help create a more concise document that would still give parents general information on what signs to look for and bring up with their doctor.
- The committee discussed other ideas on how to make the document conspicuous and user-friendly through graphics and interactive brochures to promote its utilization.
- **Ms. Schuren** volunteered to develop questions and send them to staff to prepare for the committee's review.

Faith Community Symposium on Child Wellbeing

- **Mr. Steve Selover** shared flyers for the upcoming symposium scheduled on September 23 and invited members to attend or share with those who may be interested in attending.
- **Mr. Selover** advised those who wish to attend should register on the website listed on the flyer.

Next Meeting Date

- **Mr. Selover** advised he will propose some options for the next meeting date.

Call to the Public

- **Ms. Schopen**, Co-Chair, made a call to the public. There was no response to the call.

Adjournment

- **Ms. Schopen**, Co-Chair, requested a motion to adjourn.
 - **Dr. Shefali Gandhi** moved to adjourn the meeting.
 - **Ms. Jane Kallal** seconded the motion.
- The motion passed with no dissenting votes. The meeting was adjourned at 1:57 p.m.

Dated 9/12/19
Children's Justice Committee
Submitted By: Steve Selover, GOYFF Program Administrator